

## GRANT APPLICATION 2019/20 – ASSESSMENT AND RECOMMENDATION

<b>Priority Corporate Outcomes</b>	To improve the social, emotional and mental health and wellbeing of children and young people To encourage residents to lead active and healthy lifestyles To provide services that encourage and build resilience To support the voluntary, community and faith sector to build capacity for meeting the needs of residents	
<b>Organisation</b>	<b>BREAD N BUTTER CIC</b>	<div>ref</div> <div>80/E/CTY</div>
<b>Address</b>	118 Torrington Park, N12	

### Corporate policy, aims and objectives

The Corporate Plan, 2019-24, and the Children and Young People's Plan, 2016-20, reflect a focus on improving outcomes for Barnet's younger population, creating the conditions for children and young people to be kept safe, active and healthy and to develop skills and acquire knowledge to achieve their full potential and lead successful adult lives. The theme of resilience underpins the Children's Service's ambition for strong communities in which people bounce back from stress and adversity and take on new challenges and children and young people can thrive and achieve. Support is especially targeted at vulnerable young people aged 16 to 24, including those who have disabilities or complex needs. The voluntary and community sector plays a key role in developing social networks; encouraging participation and achievement; and building resilience in the community, including amongst young people.

A strategic priority is attached to helping people be independent and live active lives, recognizing that some people need more support than others to achieve this and focusing on preventative services; the delivery of targeted information and advice; and ensuring people have the right support at the right time. Target outcomes include improving the health and wellbeing of residents and encouraging them to adopt healthier lifestyles.

### Activities / proposal

Bread n Butter CIC (Community Interest Company) (BNB) is a social enterprise formed in 2018 to teach basic life skills, embracing cooking, healthy independent living and sustainable lifestyle. Its founder previously operated for five years as a sole trader under the name of 'Kinder Kitchens Recipes', getting children interested in food and learning how to cook. The conversion to a CIC is aimed at growing a sustainable business with a range of income streams and diversifying service delivery, reaching out to young people, families and the community at large. The new organisation, which has three directors with teaching and nutritional therapy qualifications and experience, currently operates in Barnet, Enfield, Hackney and Haringey, delivering a variety of programmes focused on children and young people.

Its 'Waste Warrior' programme is a five-week course, delivered in ten primary schools in Barnet and Enfield, teaching key stage 2 pupils how to cook, especially with salvaged ingredients; how to reduce household plastic and food waste; and how to live more sustainably. To date, 330 Barnet children have attended the workshops, which are to be rolled out to twice the number of schools across four boroughs next term. Other projects in Barnet have included a pilot supper club at the Rainbow Centre on the Dollis Valley Estate, teaching families how to prepare economical but nourishing meals, and a six-week cookery course for young people at a youth club in Grahame Park in conjunction with Living Way Ministries. Upcoming proposals include cookery and healthy eating workshops for young people in Grahame Park and East Finchley in partnership with Colindale Communities Trust and Grange Big Local respectively.

A key piece of work, initiated under the sole trader banner, which is affording BNB widespread recognition, is a cookery skills programme for children in care in Haringey, delivered in conjunction with Haringey Virtual School and Tottenham Hotspur Foundation, drawing on the success of which a similar programme is proposed for Barnet, but for care leavers, one of the two elements of this application.

The 'Caring for Care Leavers Programme', drawn up in consultation with the Children's Service's Onwards & Upwards (Leaving Care) Team, is a six-week set of workshops for ten young people aged between 18 and 25 at a time, who are in the process of attaining independence after spending time in care. To be delivered at the team's offices in Woodhouse Road, N12, the project will address identified needs amongst the client group, who often require support and guidance during this transitional period of their lives. The workshops will offer a safe and nurturing environment in which participants can build self-confidence and friendships at the same time as learning how to cook. Delivery will initially embrace three sets of workshops, equipping 30 care leavers with the skill and recipes to cater for themselves.

The Onwards & Upwards Team and the Head of Corporate Parenting support the proposal as a valuable and practical way of equipping young people with basic skills as they transition from care to independence, thereby helping build wellbeing and resilience and enhancing the council's corporate parenting role to care leavers as well as children in care.

The second element of the application concerns the need to develop and expand the organisation's infrastructure to keep pace with the growing interest in its work across the community. Help is sought specifically to gain accreditation for its work through registration with an examination board, AQA; to purchase performance management software, 'Upshot', to help evaluate and measure the impact of its work; to develop its website, to include a portal to publish recipes; and to recruit and train volunteers to increase its capacity to deliver.

Future projects in the pipeline for delivery in Barnet, subject to resources and funding, include new work with primary school-age children to promote the value of a healthy diet, exercise and sleep and supper clubs for people of all ages like the one piloted at the Rainbow Centre.

BNB recently won a 'super social enterprise award' at the annual Urban Food Awards ceremony, held in partnership with the Greater London Authority and London Food Link, acknowledging the positive outcomes of its work as a CIC.

### **Cost and financial need**

BNB is currently reliant on fixed-term grants to deliver its work, which is free of charge. It has no core funding. The Waste Warrior programme has been funded by North London Waste Authority, a second grant of £13,867 to expand the project having followed an initial award of £9,250 that supported the first set of workshops in Barnet and Enfield. Two other charitable grants, collectively in the sum of £2,000, have facilitated the other projects to date in the borough. Tottenham Hotspur Foundation is funding the cookery skills programme for children in care in Haringey. Grant applications continue to be made to charitable trusts and other funders and the outcome of bids to deliver the proposed new projects in Grahame Park and East Finchley is awaited. Accounts will be drawn up and published after completion of the first year's work as a CIC in September.

The cost of the Caring for Care Leavers programme is shown as £3,735, involving two staff members delivering a total of eighteen workshop sessions. The budget includes the provision of cooking utensils, materials and food and the production of a recipe booklet for distribution to participants. The Children's Service's premises in Woodhouse Road are to be provided free of

charge. A grant of £4,635 is sought for the project, of which £900 is to provide each care leaver with a frying pan and some other basic utensils to start off creating a functional kitchen for themselves.

A further grant of £5,080 is requested towards development and expansion of BNB's infrastructure, including £596 to defray one-off registration costs with the examination board in question; £750 for the performance management software; £1,050 for the work on its website; and £560 to recruit and train volunteers. The balance of the sum sought is to underpin management costs pending funding to roll out new projects (£1,800) and for food hygiene and first aid training for staff and volunteers (£224).

The two elements combined produce a total grant request of £9,715.

The award recommended is firstly in support of the Care for Care Leavers programme, but excluding the cost of buying cooking equipment for retention by participants. Corporate grants policy does not permit funding to be passported on to third parties, which is effectively what the proposal involves. The sum proposed secondly includes £3,855 towards the examination board registration, software, website and volunteer recruitment elements of the infrastructure costs identified and a 50% contribution to allied management costs on the basis that the organisation's work is not restricted to Barnet.

The organisation has been made aware of the concept of 'full cost recovery', a legitimate strategy for meeting an organisation's overheads by adding a proportionate share of such to the direct costs of running a project, something with which it has until now been unfamiliar.

The council's support of the Care for Care Leavers programme will serve to strengthen BNB's hand in bidding for other funds, such as from charitable trusts, to sustain the scheme, particularly by the opportunity that it offers to gather evidence of the achievement of outcomes during its pilot phase. One of the large grant-giving charitable trusts in London has signified its interest in supporting it in the light of the success of the first three sets of workshops proposed.

#### Grant recommendation, type and conditions

**£7,590** (including £3,735 start-up grant for the Care for Care Leavers programme) (from Edward Harvist Charity)

Start-up grant  
One-off grant

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#### Special conditions:

Payment of the award should be made subject to (a) agreement of an implementation plan for the Caring for Care Leavers programme, to include collaborative arrangements with the Children's Service's Onwards & Upwards Team and targets and milestones for monitoring purposes; (b) an update on the sustainability strategy for the project; and (c) the receipt of progress reports on the project and on development of the organisation's infrastructure.

#### Target grant outcomes

To improve the transition to independence, wellbeing and resilience of young people who have been in care.

**Date:** July 2019